Hinsley Zoom Saturday, 26 September, 2020

Prayer before Centering Prayer

Father Son and Holy Spirit; Creator, Redeemer and Sanctifier, Alive at the centre our being, We wish to surrender in love to you. May our sacred word which we shall pray, Whenever we become aware of anything else, Be a sign and symbol of our intention to consent To your divine presence and action within.

Passage for Lectio Divina

This is what we have heard from him, and the message that we are announcing to you: God is light; there is no darkness in him at all. If we say that we are in union with God while we are living in darkness, we are lying because we are not living the truth, but if we live our lives in the light, as he is in the light, we are in union with one another, and the blood of Jesus, his Son, purifies us from all sin.

The first letter of John (5-8)

Final Prayers

O Eternal Essence, O Holy Jesus, O Transcendent Godhead, grant me the keys of salvation, to fulfil the destiny for which I was created, to be ready in all things to sacrifice the less for the greater and to with hold nothing from the demands of Love. Amen

Prayer for unity

"May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen."

United in Prayer 2020 Contemplative Outreach